Guidelines for the Use of Antiretroviral Agents in Pediatric HIV Infection

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**Saquinavir (SQV, Invirase)** (Last updated May 22, 2018; last reviewed May 22, 2018)

For additional information, see Drugs@FDA: [http://www.accessdata.fda.gov/scripts/cder/daf](http://www.accessdata.fda.gov/scripts/cder/daf)

### Formulations
- Capsules: 200 mg
- Tablets: 500 mg

### Dosing Recommendations

**Pediatric Dose:**
- Not approved for use in infants, children, and adolescents aged <16 years.

**Adolescent and Adult Dose:**
- Saquinavir should **only** be used in combination with ritonavir.
- Saquinavir 1000 mg plus ritonavir 100 mg twice daily

### Selected Adverse Events
- Gastrointestinal intolerance, nausea, and diarrhea
- Elevated transaminases
- Hyperlipidemia
- Hyperglycemia
- Fat maldistribution
- PR interval prolongation, QT interval prolongation, and ventricular tachycardia (Torsades de Pointes)

### Special Instructions
- Administer within 2 hours after a full meal.
- Sun exposure can cause photosensitivity reactions; advise patients to use sunscreen or protective clothing.
- Pre-therapy electrocardiogram is recommended; saquinavir is **contra indicated** in patients with a prolonged QT interval.

### Metabolism/Elimination
- Cytochrome P450 3A4 (CYP3A4) substrate and inhibitor
- 90% metabolized in the liver
- Use saquinavir with caution in patients who have hepatic impairment; no dose adjustment recommended.

**Drug Interactions** (see also the Adult and Adolescent Guidelines and the HIV Drug Interaction Checker)

- Saquinavir is both a substrate and inhibitor of the cytochrome P 450 3A4 (CYP3A4) system. Potential exists for multiple drug interactions. Saquinavir **should not be coadministered** with drugs that are highly dependent on CYP3A clearance, especially in cases where elevated plasma concentrations of the coadministered drug can cause serious or life-threatening events.

- Before administration, a patient’s medication profile should be carefully reviewed for potential drug interactions.

**Major Toxicities**

- **More common:** Diarrhea, abdominal discomfort, headache, nausea, paresthesia, skin rash, and lipid

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abnormalities.

- **Less common (more severe):** Exacerbation of chronic liver disease, lipodystrophy.
- **Rare:** New-onset diabetes mellitus, hyperglycemia, ketoacidosis, exacerbation of pre-existing diabetes mellitus, spontaneous bleeding in patients with hemophilia, pancreatitis, and elevation in serum transaminases. Saquinavir administered with ritonavir can lead to prolonged QT and/or PR intervals with potential for heart block and ventricular tachycardia (Torsades de Pointes).

**Resistance**

The International Antiviral Society-USA (IAS-USA) maintains a list of updated resistance mutations and the Stanford University HIV Drug Resistance Database offers a discussion of each mutation.

**Pediatric Use**

**Approval**

Saquinavir is not approved for use in children or adolescents aged <16 years.¹

**Efficacy**

Saquinavir has been studied with nucleoside reverse transcriptase inhibitors and other protease inhibitors in children with HIV.²⁻⁹ Saquinavir/ritonavir (SQV/r) and a dual-protease inhibitor saquinavir/lopinavir/ritonavir regimen were considered for salvage therapy in children prior to the emergence of the new classes of antiretroviral medications; these regimens are no longer recommended.

**Pharmacokinetics**

Pharmacokinetic (PK) data from children who received SQV/r showed prohibitively low exposure in children younger than 2 years.¹⁰ In children aged ≥2 years, a dose of saquinavir 50 mg/kg twice daily in combination with ritonavir and lopinavir/ritonavir resulted in steady-state plasma trough concentrations (C_{\text{trough}}) similar to those seen adults.⁹,¹¹ No clinical trials have collected data on the efficacy of saquinavir doses <50 mg/kg in children.

**Toxicity**

In healthy adult volunteers, SQV/r dose and exposure were associated with increases in both QT and PR intervals.¹¹ Rare cases of Torsades de Pointes and complete heart block have been reported in postmarketing surveillance. SQV/r is not recommended for adolescent and adult patients with any of the following conditions: documented congenital or acquired QT prolongation, pretreatment QT interval of >450 milliseconds, refractory hypokalemia or hypomagnesemia, complete atrioventricular block without implanted pacemakers, at risk of complete atrioventricular block, or the use of other drugs that prolong QT interval. An electrocardiogram (EKG) is recommended before initiation of therapy with saquinavir and repeat EKGs should be considered during therapy.

Steady-state saquinavir exposures observed in one pediatric trial (NV20911) were substantially higher than those seen in historical data from adults with QT and PR prolongation.¹¹ Although no EKG abnormalities have been reported among the small number of subjects in pediatric trials, pediatric PK/pharmacodynamics modeling suggests that reducing the saquinavir dose in order to minimize the risk of QT prolongation would decrease saquinavir efficacy in children. Pediatric saquinavir dose recommendations that were both reliably effective and below the thresholds of concern for QT and PR prolongation were not determined.

**References**


